

Aikido Tanren Juku Practice Schedule

www.tanrenjuku.com
www.tanrenjukukids.com

SOUTHLAND LEISURE CENTER
2000 SOUTHLAND DRIVE SW
CALGARY, AB

Updated January 2009

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM						children, 6-8 yrs (9:00-10:00am)
9:30 AM						
10:00 AM						children, 9-11 yrs (10:00-11:00am)
10:30 AM						
11:00 AM						adult, 16+ yrs (11:00am-12:30pm)
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						*intro, parent/child, 6 12 yrs (12:45-1:45pm)
1:30 PM						
5:00 PM						
5:30 PM						
6:00 PM	**children's weapons (6:00-7:00pm)	children, 6-8 yrs (5:30-6:30pm)	*intro, children 6-8 yrs (5:25-6:25pm)			
6:30 PM		children, 9-11 yrs (6:30-7:30pm)	*intro, children 9-13 yrs (6:30-7:30pm)	*intro, parent/child <u>or b&b</u> (6:30-7:30pm)		
7:00 PM						
7:30 PM	adult & *intro youth/adult, 16+ yrs (7:30-9:00pm)	children, 12-15 yrs (7:30-8:30pm)	adult, 16+ yrs (7:30-9:00pm)	children, 12-15 yrs (7:30-8:30pm)		
8:00 PM						
8:30 PM						
9:00 PM						

* Intro class times are applicable when offered at Southland Leisure Centre through the City of Calgary Recreation Programs. Each class runs weekly for up to 10 weeks.

** Eligible students for children's weapons class are those that are green belt or higher and have obtained Dan Sensei's approval.

b&b: Brown & Black belts only. This class will run when Parent/Child Intro class is not in session.

Note: The dojo will be closed on all long-weekends and for a brief period during the Christmas holidays.